ALL-INCLUSIVE TRAINING

Our goal at the hockey summit is to provide the most comprehensive training environment for professional hockey players all under one roof. Utilizing the most advanced training technology, DNA nutritional testing, on ice video teaching methods, and recovery techniques; we feel there is nothing left to chance in ensuring every individual need is addressed and developed to improve performance and prolong careers.

01 From a series of power tests and comprehensive 3D biomechanical screens, individual off ice programming will be created for each player focusing on becoming more efficient, stronger, and powerful movers.

02 Each player will undergo a DNA nutritional analysis. Based on the results, The Summit staff will provide a personalized meal plan alongside catered meals, snacks, and nutritional supplements.

03 This is an all-inclusive experience. The Summit provides on and off ice training, massage therapy, medical care, equipment staff, preferred housing, resort golf, chartered fishing, and more. Train. Compete. Win. We take care of the rest.

thehockeysummit.com
This is an all-inclusive experience. The Summit provides on and off ice training, massage therapy, medical care, chiropractors, full-body cryotherapy, float tubs, recovery boots, equipment staff, preferred housing, resort golf, chartered fishing, and more. Train. Compete. Win. We take care of the rest.

**OUR COACHES**
- Justin Roethlingshoefer
- Adam Feniak
- Viktor Eriksson
- Ernie Hartlieb

**OUR STAFF**
- John Sellars – Equipment Manager
- Chris Emrick – Medical Staff
- Mike Paralovos – Chiropractor
- Drew Larman – Yoga Instructor
- Jose Colon – Sleep Doctor
- Jeannie Cummings – Player Concierge
- Artie Arroyo – Massage Therapy
- Chris Pikosky – Massage Therapy
- Bob Wosno – Deep Sea Fishing
- Chad Nigro – Tiburon Golf
- Steve Wyatt – Bowling
The Hockey Summit provides a Sleep Specialist that works in coordination with our nutrition / DNA analysis team to improve training and maximize performance.

MAXIMIZE YOUR POTENTIAL

Each player will undergo a DNA nutritional analysis. Based on the results, The Summit staff will provide a personalized meal plan alongside catered meals, snacks, and nutritional supplements at the rink daily. A smoothie bar will also be provided.

SLEEP DOCTOR

The Hockey Summit provides a Sleep Specialist that works in coordination with our nutrition / DNA analysis team to improve training and maximize performance.
From a series of power tests, comprehensive 3D biomechanical screens, and on/off ice mechanical analysis, individual off ice programming will be created for each player focusing on becoming more efficient, stronger, and powerful movers.

**POWER & EFFICIENCY**

**3D BIOMECHANICAL SCREENING**

1.5 HOURS ON ICE
1.5 HOURS OFF ICE DAILY

**INDIVIDUAL OFF ICE PROGRAMMING**

2:1 COACH TO PLAYER RATIO
The Hockey Summit will provide all DIOXYME supplements necessary to maximize performance and recovery. DIOXYME offers physician formulated supplements that are banned substance free and proven in scientific trials to be effective at each and every dose. Staff will be in attendance for all player supplementation needs.

The Hockey Summit is proudly sponsored by CCM who will provide jerseys, socks, etc. alongside their state-of-the-art gear and equipment.
SWFL LUXURY LIVING

LOCATED IN BEAUTIFUL SOUTHWEST FLORIDA